



News Release

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[Nancy Livingston](#)
Public Relations
651-779-3222
Fax 651-779-3470

[Century College](#)
3300 Century Avenue North
White Bear Lake, MN 55110

Century College Hosts 2nd Annual Wellness Fair March 5

Century College will host its second annual Wellness Fair on Friday, March 5, from 10 a.m. to 2 p.m. in the West Campus gymnasium. The public is invited to attend this free event sponsored by the Century Wellness Committee and the Health/Physical Education Department.

Guest speakers and presenters include Brian Googins of the Memorial Blood Center, Nina Potter on healthy habits and weight control, Annie Boland on “Face Your Truth,” Dr. Steven Collins on Herb Interactions and Dr. Nancy Schrauth on Svastha Yoga.

Booths and tables in the gym will include representatives from the following areas: Century Health/Physical Education Department, Carlson Chiropractic, Sassafras Health Foods, Heaven on Earth Healing Arts, Domicile Design, Lifetouch Spiritual Healing, Hypnosis Coaching Center, Beautiful Birth Choices, Chronic Pain Therapist, Traditional Healing Arts and much more.

For more information about vendors or the Century Wellness Committee, please email [Patricia Fox](#).